I Can Wear That Color

By Miriam Silverberg

I have a friend who is always talking about color, as in, “I can’t wear that color. You can’t, but I can.” A number of years ago she had her color chart done, and she’s never worn the same shoes.

Color charts are very popular for quite awhile. Women had been the same since.

A colorist chart done, is very effective. I think she’s pretty with dark brown hair and eyes, and perfect skin. I think she could wear any different colors well, but she chooses her own from there. So many women do it.

I love color. When I decide against a color, it’s not because I can’t wear it, but because I just don’t like it. I stay away from any color that is muddy or looks washed out. In the winter I wear brightulgish and watch such a bright shade in the summer that I wear bright clothing all year round.

I would advise any woman who thinks she can’t wear a certain shade to try it before deciding to ban it from her wardrobe. Forget whether it’s “winter” or “summer” and play with color, experiment a bit.

This is why stores are dressingrooms. They’re color. You can’t wear certain colors, but really, really, really need to look at yourself in the mirror. If you lack confidence, pick a shade in three different colors and ask a shop assistant which one she thinks looks best on you. This way she will have to justify her choice and you also gain a better understanding of what kinds of colors suit you. Perhaps a different lipsticks might make a big difference.

There are so many colors. Open your mind to them.

Miriam Silverberg is a freelance journalist and owner of Miriam Silverberg Associates, a boutique publicity firm in Manhattan. She may be reached at ahsberg@msn.com.

By Dean Fosdick

Tulips are the floral hangovers of spring, providing brilliant bursts of color in otherwise drab surroundings. But a few variations offer another kind of bouquet, too.

They’re fragrant.

Most fragrant tulip varieties are orange or apricot in color, and while you might shy away from a neon-bright. But a bright, sunny yellow is great for most skin tones and while you might lack in confidence, pick a shirt in three different colors and ask a shop assistant which one she thinks looks best on you. This way she will have to justify her choice and you also gain a better understanding of what kinds of colors suit you. Perhaps a different lipsticks might make a big difference.

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Stop and Smell the Tulips (Some Varieties, Anyway)

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