

Forced Vaccinations, Government, and Public Interest

Part 1: Is herd immunity real?

By **RUSSELL BLAYLOCK, M.D.**
Health Freedom News

Those who are observant have noticed a dangerous trend in the United States as well as worldwide: the resorting of various governments at different levels to mandating forced vaccination upon the public at large.

The state of Mississippi has one of the most restrictive vaccine-exemption laws in the United States, where exemptions are allowed only upon medical recommendation. Ironically, vaccine-exemption exists only on paper, as many people have had as many as three physicians—some experts in neurological damage caused by vaccines—provide written calls for exemption, only to be turned down by the state's public-health officer.

Worse are the states, such as Massachusetts, New Jersey, and Maryland, where forced vaccinations have either been mandated by the courts, the state legislature, or have such legislation pending. All such policies strongly resemble those found in national socialist empires, Stalinist countries, or communist China.

When public-health officers are asked for the legal justification for such draconian measures as forcing people to accept vaccines that they deem a clear and present danger to themselves and their loved ones or that have caused them serious adverse reactions, they usually resort to the rationale of protecting the public.

One quickly concludes that if the vaccines are as effective as being touted by the public-health officials, then why should one fear the unvaccinated? Obviously the vaccinated would have at least 95 percent protection.

This question puts public-health officials in a very difficult position. Their usual response is that a small



NATION OF SHEEP: Is this what government officials wish? Herd immunity doesn't apply to vaccines. PHOTOS.COM

percentage of the vaccinated will not have sufficient protection and would still be at risk. Now, if they admit what the literature shows, that vaccine failure rates are much higher than the 5 percent they claim, they must face the next obvious question: Why should anyone take the vaccine if there is a significant chance it will not protect?

When pressed further, they then resort to their favorite justification, the Holy Grail of the vaccine proponents: herd immunity. This concept is based upon the idea that 95 percent—and some now say 100 percent—of the population must be vaccinated to prevent an epidemic.

The percentage needing vaccination grows progressively. I pondered this question for some time before the answer hit me. Herd immunity

is mostly a myth and applies only to natural immunity, that is, contracting the infection itself.

In the original description of herd immunity, the protection to the population at large occurred only if people contracted the infections naturally. The reason is that naturally acquired immunity lasts for a lifetime. Vaccine proponents quickly latched onto this concept and applied it to vaccine-induced immunity.

But there was one major problem: Vaccine-induced immunity lasts for only a relatively short period, from 2 to 10 years at most, and then this applies only to humoral immunity. This is why they quietly began to suggest boosters for most vaccines, even the common childhood infections such as chickenpox, measles, mumps, and rubella.

Then they discovered an even greater problem: The boosters were lasting for only two years or less. This is why we are now seeing mandates that youth entering colleges have multiple vaccines, even those that they insisted gave lifelong immunity, such as the MMR. The same is being suggested for full-grown adults. Ironically, no one in the media or medical field is asking what is going on. They just accept that it must be done.

That vaccine-induced herd immunity is mostly myth can be proven quite simply. When I was in medical school, we were taught that all of the childhood vaccines lasted a lifetime. This thinking existed for over 70 years. It was not until relatively recently that it was discovered that most of these vaccines lost their effectiveness 2 to 10 years after being

given.

What this means is that at least half the population, that is the baby boomers, have had no vaccine-induced immunity against any of these diseases for which they had been vaccinated very early in life. At least 50 percent of the population has been unprotected for decades.

If we listen to present-day wisdom, we are all at risk of resurgent massive epidemics should the vaccination rate fall below 95 percent. Yet we have all lived for at least 30 to 40 years with 50 percent or less of the population having vaccine protection.

Herd immunity has not existed in this country for many decades, and no resurgent epidemics have occurred. Vaccine-induced herd immunity is a lie used to frighten doctors, public-health officials, other

medical personnel, and the public into accepting vaccinations.

When we examine the scientific literature, we find that for many of the vaccines, protective immunity was 30 percent to 40 percent, meaning that 60 percent to 70 percent of the public has been without vaccine protection. Again, this would mean that with a 30 percent to 40 percent vaccine-effectiveness rate combined with the fact that most people lost their immune protection within 2 to 10 years of being vaccinated, most of us have been without the magical 95 percent number needed for herd immunity. This is why vaccine defenders insist the vaccines have 95 percent effectiveness rates.

Without the mantra of herd immunity, these public-health officials would not be able to justify forced mass vaccinations. I usually give the physicians who question my statement that herd immunity is a myth a simple example. When I was a medical student almost 40 years ago, it was taught that the tetanus vaccine would last a lifetime. Then 30 years after it had been mandated, we discovered that its protection lasted no more than 10 years.

Then I ask my doubting physician if he or she has ever seen a case of tetanus? Most have not. I then tell them to look at the yearly data on tetanus infections. One sees no rise in tetanus cases. The same can be said for measles, mumps, and other childhood infections. It was and still is all a myth.

The entire case for forced mass vaccination rest upon this myth, and it is important that we demonstrate the falsity of this idea. Neil Z. Miller, in his latest book, "The Vaccine Information Manual," provides compelling evidence that herd immunity is a myth.

Next week: Part 2, "The Road to Hell Is Paved With Good Intentions" Dr. Blaylock is a board-certified neurosurgeon, author, and lecturer.

Source: thenhf.com/vaccinations/vac_299.htm

Losing the Taste for Sweets

Artificial sweeteners are not a solution

By **DR JOHN BRIFFA**

Generally speaking, I am not a fan of refined sugar. But I'm most certainly not a fan of artificial sweeteners. One cause of concern is their safety.

For example, aspartame (NutraSweet, Equal, Candere) has quite a body of research that demonstrates it has real potential to have adverse effects on the body and brain. Another concern is that there isn't any good evidence that swapping artificial sweeteners for sugar promotes weight loss in the long term.

And another reason for my lack of enthusiasm for artificial sweeteners is the fact that they perpetuate the desire for very sweet foods. That's probably because they drive people to eat more foods rich in refined sugar or artificial sweeteners.

A better strategy might be just to wean off (or stop abruptly) intensely

sweet foods. Now, someone used to eating a lot of sweet foods may miss them for a while, but the end result is usually that the need for sweet foods dissipates, and the sweet foods are no longer missed. It generally leads to a "resetting" of the taste buds so that many foods that used to be swallowed without any problem, now taste a bit too sweet.

I've seen this effect in many individuals and even in my own life. I used to drink several mugs of coffee a day, each with two heaping teaspoons of sugar. Many years ago, over a period of about a month, I weaned myself and have not taken sugar in coffee since. I couldn't—it tastes better without sugar now.

Another example of this is chocolate. I'm an advocate of dark chocolate and used to eat a brand containing 70 percent cocoa. I didn't enjoy it all that much, which was partly why I ate it and partly because it did

not taste as sweet as milk chocolate. However, for the last few months I've largely confined myself to 85 percent cocoa dark chocolate. Now, when I have a bit of 70 percent cocoa, I am taken aback at how sweet it tastes.

I was thinking about weaning off of intensely sweet foods while reading a commentary regarding artificial sweeteners titled "Artificially Sweetened Beverages—Cause for Concern" that has just been published in the Journal of the American Medical Association.

This commentary warns of the potential hazards of artificial sweeteners, including this fact: "Individuals who habitually consume artificial sweeteners may find more satiating but less intensely sweet foods (for example, fruit) less appealing and unsweet foods (for example, vegetables, legumes) less palatable, reducing overall diet quality in ways that might contribute to excessive

weight gain."

The commentary also refers to research that found, compared to sugar-sweetened food, artificially sweetened food led to increased food intake and weight gain in rats. The

commentary also refers to research titled "Intense sweetness surpasses cocaine reward" published in August 2007 PLoS One, in which rats were able to self-dispense either saccharin or cocaine. Most animals,

it turns out, chose saccharin over cocaine.

Dr. John Briffa is a London-based physician and author with an interest in nutrition and natural medicine. His Web site is Drbriffa.com



CHOICES, CHOICES: Eating healthier foods can be challenging. PHOTOS.COM

Florida Real Estate FOR SALE Flagler Beach www.mysodi.com Tavolacci Realty	Tian Tian Foot Massage GRAND OPENING 1. Foot Massage: \$24.99/hour 2. Body Massage: \$45.00/hour Mon. - Sun. 11am - 9pm. Appointment please. Tel: 972-235-8883 400 N. Greenville Ave. #1C, Richardson, TX 75081		Business Opportunities Be a founding partner of a new e-Commerce company being officially launched on Oct. 16. Use social media like Facebook and Twitter to bring new customers. UNI-Line business format. Truly a work-at-home business. Visit www.KachingKaching.com for more info or call 408-893-5554 . Serious inquiry only.	Classified AD SPECIAL DEALS! JUST \$10/TIME/UNIT (Minimum of 4 time postings required) Please either : Call: 214-682-7788 , Fax: 972-692-7418 , or Email to: dallas@epochtimes.com ● Address: P.O. Box 831211, Richardson, TX 75083 ● Payment Method: Check or Cash	
Money Losing Value? Invest in land, 100+acres, next to new development, in beautiful rural Tennessee. More details at: www.fallcreekfalls.net	Postage/Shipping Put your PICTURE on REAL U.S. Postage STAMPS that you Design with Your Favorite Photos, Cool Images. Special Messages. VIPpostagePlus.com (800) 964-8306	Real Estate For Sale NY Investment Opportunity at Warwick, Orange County, NY. 3 story brick building in the heart of busy village. Frontage on two streets, partially rented. Call Barbara White, Raynor Country, 845-986-11151.	SPA FOR SALE Manhattan Midtown ELENA's SPA, owner re-tiring. Including all equipment. 227 E.50th Street, No.1, NYC. Call 212-605-7506 for details	Skin Care 20 year specialized experience on cosmetology, Hong Kong cosmetologist will take care of and analyze your skin. Special price NOW! Call for appointment: 972-693-6503	Hiring Austin restaurant need Dim Sum Prep, experience required. Some English required. Call Jacky at: (512)458-9000
Cheap Air-tickets & Tours Cheap round trip air tickets for US-China/Taiwan/Hong Kong. Cheap tours to China/Taiwan. East Cost Tours: Buy 2 get 1 FREE! (Limited time and people). 1-888-965-7888. www.keeptravel.com	Business Opportunity What Recession? Our Business is Booming! Let me know you how to turn 10-12hrs a week into \$1,000's per month with a simple home-based business marketing a unique, patented product that has zero competition. Dr. Decker. 408-430-1740	Real Estate for Sale Warwick, Orange county, NY, 3 great commercial properties, 3 Apts & Sotre, Legal 7-Fam. House, Main St Store for Rent. Call Barbara White, Raynor Country RE, 845-986-1151	Health and Beauty Center *Grand Opening *Sweedish Sports Deep/Soft Full Body Massage *Health SPA *Separate Rooms *Jacuzzi Services 8191 S.W. Fwy #102, Houston, TX 77074 App: 713-988-9695	Karaoke Machine for Sale 10 Karaoke machine for sale. Good condition. Original price \$1200 each, now \$300 each. Call: 469-522-0365	Car Services Pickup services for: from/to: airport, Immigration Office, sightseeing in Dallas and its suburb area, business meetings, etc. Also provide oral translation of English, Chinese, Vietnamese, Cantonese, and vice versa. Call: Tina 972-740-5616, Mr. Huang 972-896-3831